



Raise A Smarter Child by Kindergarten

By Carol Colman, David Perlmutter

Random House USA Inc. Paperback. Book Condition: new. BRAND NEW, Raise A Smarter Child by Kindergarten, Carol Colman, David Perlmutter, Nature didn't finish your child's brain at birth. It's up to you to maximize your child's mental skills without causing additional stress. Acclaimed neurologist David Perlmutter, MD, offers these valuable tools: Simple games to reinforce memory pathways in the brain Information on common household products and children's toys that contain brain-damaging neurotoxins The right foods and supplements to boost intelligence and turn on your child's "smart genes" How to turn the television, the computer, and video games into educational tools Proven ways to reduce the risk of your child developing ADD and ADHD Between birth and age five, your child has up to thirty IQ points at stake. Scientists now know that the human brain is undergoing a constant and dramatic transformation in the first years of life. During this peak time of development, "every" activity and experience leaves an indelible mark on your baby's brain, for better or worse. The right kind of stimulation and nutrition will create connections in the brain that promote intelligence and raise IQ. The wrong kinds of activities and foods can stifle intellectual development,...



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