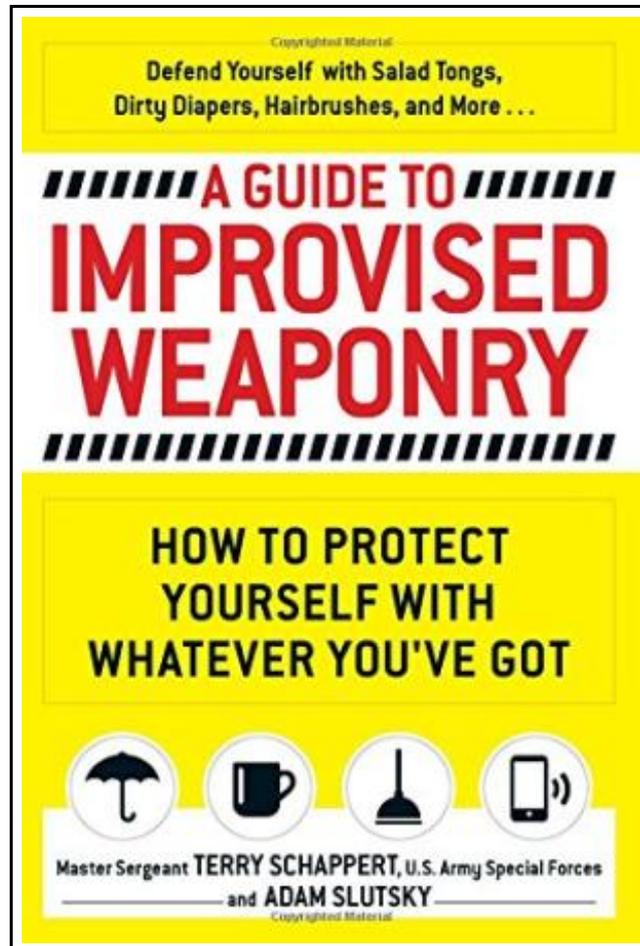


## A Guide to Improvised Weaponry: How to Protect Yourself with Whatever You've Got



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