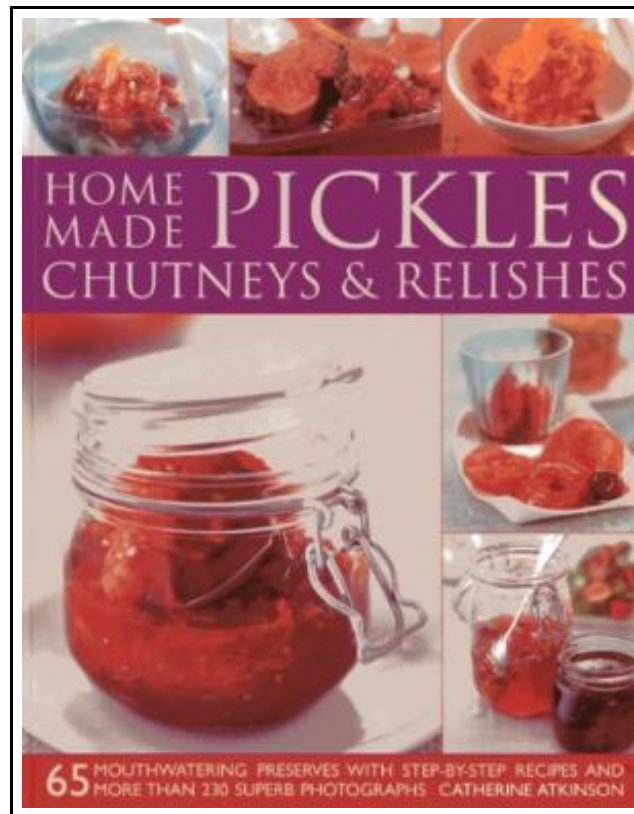


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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Home-made Pickles, Chutneys & Relishes: 65 Mouthwatering Preserves with Step-by-step Recipes and More Than 230 Superb Photographs, Catherine Atkinson, This title features 65 mouthwatering preserves with step-by-step recipes and more than 230 superb photographs. You can make your own preserves for every occasion with this collection of classic and contemporary pickles, chutneys and relishes. It includes recipes from all around the world that include Shallots in Balsamic Vinegar, Mediterranean Chutney, Mango and Papaya Relish, Blackberry and Sloe Gin Jelly, and Tangy Tomato Ketchup. Tempting serving ideas include Mango Chutney with potato wedges and sour cream; Apple, Orange and Cider Jelly with a rich game pate; Pickled Red Cabbage with bread and cheese for a wholesome lunch; and Lemon and Garlic Relish with a Moroccan tagine. the recipes are shown in 230 vibrant photographs, including stage-by-stage pictures and an image of each final dish. Preserving fruit and vegetables as pickles, jellies, chutneys and relishes is an age-old technique to make them last through cold winters when fresh food was scarce. Today, pickling and preserving forms part of a nostalgic shift to a simpler and healthier life, and a rejection of artificial additives found in store-bought preserves. A short introduction shows the processes of preserving, followed by a delicious selection of pickles, chutneys and relishes, which will spice up any number of meals. From traditional English Pickled Onions to Kashmir Chutney, there is a recipe for every occasion.



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