



## Post Partum Depression - Knowing More about Postnatal Depression (Paperback)

By Dweep Jyot Singh

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Table of Contents Post Partum Depression Table of Contents Introduction Symptoms Causes of PPD Doctor, Can You Please Help Me? Who Can Get PPD? - Risk factors Suffering from PPD Duration Conclusion Author Bio Publisher Introduction It may be an emotional or well-known sentimental cliché that a mother is not really a mother until she has held her baby in her arms, for the first time. Since ancient times, this is the statement which has been followed in societies that a woman can never be fulfilled until she has become a wife and a mother. In fact, nature has programmed a woman to be the mother of future generations, and that is why there is always a feeling that only when she holds her bundle of joy in her arms when she really understand what it really means to be a woman and a mother. Nevertheless, putting emotion aside, pregnancy and childbirth are going to result in a complex mix of hormonal, physical, emotional, spiritual, and behavioral changes taking place in a woman. This whole package is going...

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